

Event 1 Women 1 mtr Diving

Name	Year School	Seed	Finals	Points
1 Jacintha Thomas	SR Iowa City West	539.85	561.10	20
2 Maggie James	SR AMES	561.20	555.70	17
3 Katherine Mueller	JR Fairfield	465.30	477.50	16
4 Claire Park	SO Pleasant Valley	438.80	474.60	15
5 Jaycie Klein	JR Muscatine	448.05	467.20	14
6 Lilly Seltz	SO WDMV	502.25	458.65	13
7 Alyssa Deuso	SR Linn-Mar	438.10	448.10	12
8 Mikaela Lengwin	SR Linn-Mar	457.50	444.15	11
9 Alex Aaberg	SR Iowa City West	464.45	441.65	9
10 Rachel Canon	SR AMES	458.40	437.40	7
11 Logan Jones	SR WDMV	444.85	429.35	6
12 Hannah Guy	SR Dav North	436.50	421.40	5
13 Gabrielle White	SR Dowling Catholic	446.75	408.95	4
14 Kennedey Bass	JR Boone	417.45	403.40	3
15 Jolynn Harris	FR DM Abe Lincoln	447.95	400.80	2
16 Carolyn Simon	SR CR Kennedy	376.55	387.30	1
17 Jayden Lovell	SO CR Kennedy	362.90	278.45	
18 Elizabeth Davidson	SO WDMV	407.65	269.95	
19 Margaret Engel	JR Dowling Catholic	492.10	262.30	
20 Maddie Piechowski	SR Waukee	346.65	239.05	
21 Georgia Sanderson	SR Linn-Mar	408.80	182.00	
22 Courtney Fisher	SR CR Kennedy	358.55	173.50	
23 Haiden Jennings	SR Boone	354.05	173.35	
24 Jilian Loos	SR Waukee	386.20	170.90	
25 Jessica Moore	SO Grinnell	381.15	165.05	
26 Kelly Olsen	SR CFAL	385.10	163.55	
27 Kristin Burnstedt	FR Fairfield	341.25	161.20	
28 Alexis Danner	SO Dowling Catholic	342.00	147.20	
29 Rosie Dayton	JR Johnston	352.40	146.90	
30 Amara Taylor	SO CR Washington	345.05	129.35	

Event 2 Women 200 Yard Medley Relay

School	Seed	Finals	Points
1 Waukee	1:49.27	1:46.57	40
1) Maddy Bridges SO			
3) Maddie Gehrke SR			
2) Zoe Bussanmas SO			
4) Camryn Somers JR			
2 Cedar Falls	1:49.50	1:46.83	34
1) Sammi Hall FR			
3) Meghan Hackett JR			
2) Natalie Shimp SR			
4) Madison Hall JR			
3 Ames	1:48.72	1:46.90	32
1) Jazlyn Horras FR			
3) Grace Snyder SO			
2) Sabrinna Hegelheimer SO			
4) Katie Sailer SR			
4 Ankeny	1:49.96	1:48.88	30
1) Sarah Shafer SO			
3) Lizzie Doering FR			
2) Rachel Manderscheid JR			
4) Christina Ware FR			
5 Johnston	1:49.69	1:49.35	28
1) Mallorie Myers JR			
3) Lexi Horner SO			
2) Lexie Winnett SO			
4) Abby Foutch JR			
6 Muscatine	1:50.40	1:49.66	26
1) Regan Kilburn SR			
3) Sarah Schemmel SO			
2) Annabel Graettinger SR			
4) Alexis Hagen SO			
7 Cedar Rapids, Washington	1:53.27	1:50.14	24
1) Kaitlyn Nemickas JR			
2) Caitlin Sievers FR			

3) Lauren Havertape FR	4) Logan Eckhardt JR			
8 Newton	1:51.13	1:50.30	22	
1) Sydney Jenkins JR	2) Hannah Rhoads JR			
3) Hannah Scotton SR	4) Samantha Hedrick JR			
9 Cedar Rapids, Kennedy	1:49.72	1:50.46	18	
1) Sam Jacobsen SR	2) Brooke Timmerman SO			
3) Taylor Golden JR	4) Kirsten Siebenga JR			
10 Des Moines, Roosevelt	1:52.53	1:51.03	14	
1) Claire Michelson SR	2) Natalie Galluzzo SO			
3) Theresa Manivanh SR	4) Emma Gaer SR			
11 Spencer	1:52.88	1:51.38	12	
1) Taylor Sieperda SR	2) Cassidy Fox JR			
3) Madison Sieperda FR	4) Emma Dau SR			
12 Atlantic	1:53.27	1:51.44	10	
1) Lindsay Keltch SR	2) Jessica Hartwig FR			
3) Madelyn Kickland SO	4) Mycala Kickland FR			
13 Dowling Catholic, West Des Moi	1:52.74	1:52.83	8	
1) Allison Carmody JR	2) Caroline Dee JR			
3) Megan Lilly SO	4) Ann Marie Westercamp SR			
14 Bettendorf	1:54.00	1:53.02	6	
1) Rachel Gist JR	2) Megan Schade SO			
3) Anna Wall SO	4) Hena Hassan SO			
15 Dubuque Wahlert	1:54.81	1:53.46	4	
1) Carlie Noel SO	2) Olivia Thomas FR			
3) Katie Anderson SR	4) Sean Kalb SR			
16 Iowa City, West	1:54.85	1:53.81	2	
1) Erica Hsu JR	2) Alison Hsu JR			
3) Sarah Ritchie SR	4) Eveline Dowling SR			
17 Valley, West Des Moines	1:56.33	1:54.72		
1) Caitlin Mills SO	2) Emily Wilson SO			
3) Sophia Seltz SR	4) Annie LaMair SR			
18 Linn-Mar, Marion	1:50.17	1:55.21		
1) Elizabeth Cavanah JR	2) Paige Broghammer JR			
3) Emma Behrens FR	4) Hailey Harms JR			
19 Dubuque, Senior	1:54.28	1:55.85		
1) Emma Sass SO	2) Sam Hoerner SR			
3) Carolyn Davis SR	4) Frances Inzenhofer SO			
20 Storm Lake	1:56.61	1:56.33		
1) Kylie Mongan FR	2) Gracie Meier FR			
3) Emily Beukelman SO	4) Joy Bral JR			
21 Decorah	1:57.53	1:57.95		
1) Madelyn Jermier SO	2) Maria Lea SO			
3) Micala Folkedahl FR	4) Katelyn Yee JR			
22 Des Moines, Abraham Lincoln	1:57.95	1:59.69		
1) Jordyn Dubois JR	2) Ane Skartvedt JR			
3) Valeria Santiago SR	4) Sara Bennett SO			
-- Marshalltown	1:54.97	DQ		
1) Emily Vest SO	2) Raechel Hannam JR			
3) Brianna Reynolds JR	4) Zoe Beals FR			
-- Pleasant Valley	1:49.15	DQ		
1) Ali Staver SO	2) Sydney Angell SR			
3) Nicole Oppel SR	4) Grace Stori SR			

Event 3 Women 200 Yard Freestyle

Name	Year School	Seed	Finals	Points
1 Allyssa Fluit	JR Southeast Polk	1:49.18	1:47.14	20
2 Jenn Jenks	SO Linn-Mar	1:53.46	1:51.96	17
3 Brittany Moffatt	SR CFAL	1:54.11	1:52.07	16
4 Evan Hundley	SR Pleasant Valley	1:55.25	1:52.12	15
5 Morgan Rosser	SO AMES	1:54.32	1:52.52	14
6 Moriah Moore	SR WDMV	1:55.21	1:54.15	13
7 Shannon Carney	JR Bettendorf	1:55.46	1:54.71	12

8	Lauryn Schieffer	FR	Southeast Polk	1:56.25	1:55.43	11
9	Rachel Anfinson	SO	WDMV	1:58.90	1:55.99	9
10	Lauren Conte	SR	WDMV	1:54.92	1:56.11	7
11	Maggie Burke	JR	Pleasant Valley	1:57.38	1:56.42	6
12	Alizah Wink	SR	SC North	1:58.30	1:56.72	5
13	Kaitlyn Housenga	SO	Pleasant Valley	1:58.21	1:57.01	4
14	Keely Soellner	JR	Storm Lake	1:58.77	1:57.32	3
15	Jenna Willer	JR	Dub Senior	1:56.64	1:57.56	2
16	Natalie Lammers	JR	Johnston	1:57.56	1:57.57	1
17	Olivia Jenks	FR	AMES	1:57.36	1:57.69	
18	Maggie Bice	FR	Ankeny	1:58.41	1:58.28	
19	Nikki Ault	FR	Ankeny	1:58.22	1:58.30	
20	Brenna Yeutsy	JR	Johnston	1:59.01	1:58.45	
20	Hannah Williamson	SO	Dowling Catholic	1:57.03	1:58.45	
22	Alex Thorson	FR	Waukee	1:59.21	1:59.64	
23	Lauren Clingman	SO	Indianola	1:59.43	1:59.72	
--	Maddie Bagby	SO	CR Kennedy	1:56.56	DQ	

Event 4 Women 200 Yard IM

Name	Year	School	Seed	Finals	Points
1 Kelsey Drake	SO	Linn-Mar	2:04.51	2:02.05	20
2 Sydney Angell	SR	Pleasant Valley	2:08.82	2:02.10	17
3 Nicole Oppel	SR	Pleasant Valley	2:14.33	2:07.77	16
4 Lexi Horner	SO	Johnston	2:08.79	2:08.53	15
5 Grace Snyder	SO	AMES	2:09.77	2:10.04	14
6 Erica Hsu	JR	Iowa City West	2:10.44	2:10.07	13
7 Jazlyn Horras	FR	AMES	2:12.10	2:11.24	12
8 Olivia Clark	FR	CFAL	2:13.52	2:12.33	11
9 Lindsay Keltch	SR	Atlantic	2:15.04	2:13.42	9
10 Emma Gaer	SR	DM Roosevelt	2:14.02	2:13.52	7
11 Meghan Hackett	JR	CFAL	2:14.41	2:13.61	6
12 Jade Jacobs	SR	CFAL	2:16.32	2:13.74	5
13 Kendall Hostetler	FR	Johnston	2:14.17	2:14.21	4
14 Sarah Ritchie	SR	Iowa City West	2:13.99	2:14.41	3
15 Melanie Housenga	FR	Pleasant Valley	2:14.97	2:14.49	2
16 Sarah Bell	SO	AMES	2:16.06	2:15.21	1
17 Rachelle Houlette	FR	Southeast Polk	2:14.41	2:15.23	
18 Mackinzee Macho	FR	CR Kennedy	2:15.44	2:15.45	
19 Victoria Roth	SO	Muscatine	2:16.51	2:15.99	
20 Megan Schill	JR	Dub Hempstead	2:12.92	2:16.25	
21 Angela Cary	FR	Johnston	2:15.90	2:16.28	
22 Megan Schade	SO	Bettendorf	2:15.81	2:16.46	
23 Natalie Galluzzo	SO	DM Roosevelt	2:14.89	2:16.90	
24 Brooke Timmerman	SO	CR Kennedy	2:15.72	2:17.13	

Event 5 Women 50 Yard Freestyle

Name	Year	School	Seed	Finals	Points
1 Maddie Gehrke	SR	Waukee	23.55	22.51	20
2 Sophie Sorenson	FR	AMES	23.72	23.11	17
3 Crystal Florman	SR	Mason City	23.53	23.16	16
4 MyKenzie Leehy	SO	Lewis Central	24.32	23.44	15
5 Taylor Sieperda	SR	Spencer	24.11	23.60	14
6 Sarah Schemmel	SO	Muscatine	24.15	23.64	13
7 Lauren Ramirez	SR	Bettendorf	24.40	23.83	12
8 Katie Sailer	SR	AMES	24.61	24.03	11
9 Ashton Ehrecke	SR	Pleasant Valley	24.34	24.07	9
10 Madison Hall	JR	CFAL	24.75	24.32	7
11 Sarah Shafer	SO	Ankeny	24.66	24.35	6
12 Grace Stori	SR	Pleasant Valley	25.01	24.40	5
13 Mycala Kickland	FR	Atlantic	24.66	24.46	4

14	Hena Hassan	SO Bettendorf	24.76	24.55	3
15	Camryn Somers	JR Waukee	24.96	24.59	2
16	Lizzie Doering	FR Ankeny	24.89	24.61	1
17	Kirsten Siebenga	JR CR Kennedy	24.36	24.64	
18	Lizzie Adams	SR Linn-Mar	24.86	24.68	
19	Darby Manternach	FR CR Kennedy	24.72	24.84	
20	Olivia White	SO Johnston	24.85	24.94	
21	Katelyn Yee	JR Decorah	25.07	24.97	
22	Regan Kilburn	SR Muscatine	25.02	24.99	
23	Lauren Havertape	FR CR Washington	24.82	25.00	
24	Alexis Hagen	SO Muscatine	24.99	25.16	

Event 6 Women 100 Yard Butterfly

Name	Year	School	Seed	Finals	Points
1	Kelsey Drake	SO Linn-Mar	54.51	54.79	20
2	Samantha Hedrick	JR Newton	57.11	56.09	17
3	Crystal Florman	SR Mason City	56.01	56.18	16
4	Nicole Oppel	SR Pleasant Valley	58.33	56.47	15
5	Ali Staver	SO Pleasant Valley	58.70	56.59	14
6	Hannah Scotton	SR Newton	57.90	56.80	13
7	Grace Snyder	SO AMES	58.50	57.20	12
8	Sarah Schemmel	SO Muscatine	57.79	57.21	11
9	Meghan Hackett	JR CFAL	58.42	57.59	9
10	Lexie Winnett	SO Johnston	58.15	57.78	7
11	Moriah Ross	SR DM North	58.48	58.26	6
12	Lexi Horner	SO Johnston	58.06	58.51	5
13	Sarah Bell	SO AMES	59.96	59.67	4
14	Hannah Dietrich	SO AMES	1:00.62	1:00.16	3
15	Emma Gaer	SR DM Roosevelt	59.98	1:00.31	2
16	Rachel Manderscheid	JR Ankeny	1:01.40	1:00.44	1
17	Rachelle Houlette	FR Southeast Polk	1:00.44	1:00.81	
18	Alizah Wink	SR SC North	1:01.52	1:00.93	
19	Katherine Wikner	FR CFAL	1:01.46	1:00.95	
20	Lauren Havertape	FR CR Washington	1:01.62	1:01.02	
21	Megan Schill	JR Dub Hempstead	1:00.83	1:01.13	
22	Megan Lilly	SO Dowling Catholic	1:00.54	1:01.20	
23	Kailie Valentine	JR CFAL	1:00.79	1:01.62	
24	Mackinzee Macho	FR CR Kennedy	1:01.05	1:02.16	

Event 7 Women 100 Yard Freestyle

Name	Year	School	Seed	Finals	Points
1	MyKenzie Leehy	SO Lewis Central	52.05	50.40	20
2	Jenn Jenks	SO Linn-Mar	52.04	52.04	17
3	Evan Hundley	SR Pleasant Valley	53.29	52.08	16
4	Lauren Ramirez	SR Bettendorf	53.62	52.51	15
5	Moriah Moore	SR WDMV	53.22	52.64	14
6	Shannon Carney	JR Bettendorf	53.95	52.99	13
7	Rachel Anfinson	SO WDMV	54.73	53.12	12
8	Lauren Conte	SR WDMV	52.79	53.15	11
9	Ashton Ehrecke	SR Pleasant Valley	53.17	53.23	9
10	Grace Stori	SR Pleasant Valley	53.93	53.30	7
11	Jenna Willer	JR Dub Senior	53.34	53.72	6
12	Shayla Warrick	SR Johnston	54.44	53.92	5
13	Madison Hall	JR CFAL	54.62	53.99	4
14	McClaren Rodriguez	JR Mason City	54.99	54.35	3
15	Madison Sieperda	FR Spencer	54.77	54.55	2
16	Maddie Bagby	SO CR Kennedy	53.49	54.67	1
17	Olivia White	SO Johnston	54.29	54.74	
18	Hena Hassan	SO Bettendorf	54.87	54.84	
19	Kirsten Siebenga	JR CR Kennedy	55.07	55.12	

20	Lizzie Doering	FR Ankeny	54.75	55.14
21	Ashleigh Houlette	JR Southeast Polk	54.89	55.37
22	Alexis Hagen	SO Muscatine	54.88	55.47
23	Rachel Prendergast	SR Newton	55.84	55.57
24	Kerigan Torres	SR DM Hoover	54.99	56.08
--	Nikki Ault	FR Ankeny	55.00	DQ

Event 8 Women 500 Yard Freestyle

Name	Year	School	Seed	Finals	Points
1 Allyssa Fluit	JR	Southeast Polk	4:53.52	4:50.27	20
2 Morgan Rosser	SO	AMES	5:07.91	5:02.26	17
3 Brittany Moffatt	SR	CFAL	5:06.95	5:02.69	16
4 Erica Hsu	JR	Iowa City West	5:06.61	5:06.71	15
5 Kaitlyn Housenga	SO	Pleasant Valley	5:05.97	5:07.66	14
6 Natalie Lammers	JR	Johnston	5:12.27	5:08.34	13
7 Lauryn Schieffer	FR	Southeast Polk	5:11.65	5:10.54	12
8 Olivia Jenks	FR	AMES	5:11.57	5:11.44	11
9 Mallorie Myers	JR	Johnston	5:16.74	5:14.30	9
10 Maggie Burke	JR	Pleasant Valley	5:15.51	5:15.33	7
11 Melanie Housenga	FR	Pleasant Valley	5:16.92	5:17.48	6
12 Christina Ware	FR	Ankeny	5:21.41	5:18.34	5
13 Megan Siembieda	SR	Dowling Catholic	5:22.36	5:19.08	4
14 Emily Nelson	FR	CR Washington	5:17.51	5:20.66	3
15 Lauren Clingman	SO	Indianola	5:20.41	5:21.34	2
16 Stephanie Jenks	JR	Linn-Mar	5:19.49	5:21.46	1
17 Kelly Cherrier	SR	Johnston	5:18.36	5:22.06	
18 Maggie Bice	FR	Ankeny	5:21.00	5:22.45	
19 Jade Jacobs	SR	CFAL	5:25.08	5:22.91	
20 Emily Wilson	SO	WDMV	5:19.53	5:23.88	
21 Hannah Williamson	SO	Dowling Catholic	5:22.10	5:25.56	
22 Katie Hagensick	SO	Decorah	5:25.59	5:25.78	
23 Alex Thorson	FR	Waukee	5:25.46	5:26.90	
24 Sarah Gannon	FR	CR Kennedy	5:25.98	5:29.51	

Event 9 Women 200 Yard Freestyle Relay

School	Seed	Finals	Points
1 Pleasant Valley	1:37.53	1:35.96	40
1) Ashton Ehrecke SR			
2) Sydney Angell SR			
3) Evan Hundley SR			
4) Grace Stori SR			
2 Valley, West Des Moines	1:37.63	1:36.73	34
1) Lauren Conte SR			
2) Annie LaMair SR			
3) Rachel Anfinson SO			
4) Moriah Moore SR			
3 Waukee	1:38.64	1:36.74	32
1) Maddie Gehrke SR			
2) Alex Thorson FR			
3) Kayla Rinderknecht FR			
4) Camryn Somers JR			
4 Ames	1:38.69	1:37.22	30
1) Sophie Sorenson FR			
2) Sarah Bell SO			
3) Morgan Rosser SO			
4) Katie Sailer SR			
5 Cedar Falls	1:38.19	1:37.30	28
1) Olivia Clark FR			
2) Natalie Shimp SR			
3) Madison Hall JR			
4) Brittany Moffatt SR			
6 Linn-Mar, Marion	1:40.71	1:37.78	26
1) Jenn Jenks SO			
2) Lizzie Adams SR			
3) Paige Broghammer JR			
4) Kelsey Drake SO			
7 Bettendorf	1:39.18	1:37.99	24
1) Lauren Ramirez SR			
2) Anna Wall SO			
3) Shannon Carney JR			
4) Hena Hassan SO			
8 Spencer	1:39.25	1:38.13	22
1) Emma Dau SR			
2) Cassie Soma SO			
3) Madison Sieperda FR			
4) Taylor Sieperda SR			

9 Cedar Rapids, Kennedy	1:38.25	1:38.25	18
1) Darby Manternach FR	2) Maddie Bagby SO		
3) Sam Jacobsen SR	4) Kirsten Siebenga JR		
10 Johnston	1:39.50	1:38.83	14
1) Olivia White SO	2) Abby Foutch JR		
3) Shayla Warrick SR	4) Lexie Winnett SO		
11 Mason City	1:39.64	1:38.97	12
1) McClaren Rodriguez JR	2) Jenna Cornick SR		
3) Abby Morse SR	4) Crystal Florman SR		
12 Southeast Polk	1:39.58	1:39.04	10
1) Allyssa Fluit JR	2) Ashleigh Houlette JR		
3) Rachelle Houlette FR	4) Lauryn Schieffer FR		
13 Newton	1:39.48	1:39.08	8
1) Sara Martin SR	2) Hannah Scotton SR		
3) Emily Miller SO	4) Samantha Hedrick JR		
14 Ankeny	1:40.04	1:39.62	6
1) Sarah Shafer SO	2) Christina Ware FR		
3) Nikki Ault FR	4) Lizzie Doering FR		
15 Atlantic	1:39.48	1:39.69	4
1) Mycala Kickland FR	2) Jessica Hartwig FR		
3) Madelyn Kickland SO	4) Lindsay Keltch SR		
16 Lewis Central	1:41.93	1:41.35	2
1) MyKenzie Leehy SO	2) Nicole Gochenour SO		
3) Amanda Finnegan SR	4) Paxton Hedrick SR		
17 Storm Lake	1:41.98	1:41.54	
1) Joy Bral JR	2) Kylie Mongan FR		
3) Destini Oehlertz JR	4) Keely Soellner JR		
18 Sioux City, North	1:42.60	1:42.32	
1) Araceli Topete FR	2) Maria Heynen JR		
3) Maggie Oberg JR	4) Alizah Wink SR		
19 Dubuque Wahlert	1:42.35	1:42.35	
1) Sean Kalb SR	2) Carlie Noel SO		
3) Katie Anderson SR	4) Lauren Cody SR		
20 Marshalltown	1:43.11	1:42.59	
1) Zoe Beals FR	2) Emily Vest SO		
3) Raechel Hannam JR	4) Maggie Carnahan SR		
21 Dubuque, Senior	1:43.48	1:42.98	
1) Jenna Willer JR	2) Lisa Greenwood SR		
3) Carolyn Davis SR	4) Frances Inzenhofer SO		
22 Iowa City, West	1:43.42	1:43.49	
1) Elaina Martz SO	2) Alison Hsu JR		
3) Alleyna Thomas FR	4) Eveline Dowling SR		
23 Davenport, West	1:43.73	1:44.27	
1) Courtney Schaeffer FR	2) Madison Harland SO		
3) Anna Arvanitis SO	4) Claire Straetker SO		
-- Fort Dodge	1:43.13	DQ	
1) Lehr Thorson SO	2) Taylor Hartley FR		
3) Katie Keith FR	4) Caitlyn Goebel SO		

Event 10 Women 100 Yard Backstroke

Name	Year School	Seed	Finals	Points
1 Maddie Gehrke	SR Waukee	55.91	54.83	20
2 Jazlyn Horras	FR AMES	57.72	56.29	17
3 Sophie Sorenson	FR AMES	57.51	56.82	16
4 Katie Sailer	SR AMES	58.46	57.04	15
5 Taylor Sieperda	SR Spencer	58.05	57.33	14
6 Ali Staver	SO Pleasant Valley	1:01.34	58.10	13
7 Regan Kilburn	SR Muscatine	58.73	58.37	12
8 Sarah Shafer	SO Ankeny	59.07	58.82	11
9 Sam Jacobsen	SR CR Kennedy	58.85	59.34	9
10 Ann Marie Westercamp	SR Dowling Catholic	1:00.81	59.78	7
11 Tessa McRoberts	SR Williamsburg	1:02.05	59.88	6

12	Mallorie Myers	JR	Johnston	59.87	1:00.31	5
13	Jessica Williams	SO	CR Kennedy	1:00.85	1:00.40	4
14	Alanna Thompson	SR	Waterloo West	1:02.27	1:00.65	3
15	Sammi Hall	FR	CFAL	1:01.41	1:00.86	2
16	Claire Straetker	SO	Dav West	1:01.13	1:01.11	1
17	Angela Cary	FR	Johnston	1:02.36	1:01.30	
18	Beth Mitchell	JR	Grinnell	1:01.68	1:01.36	
19	Destini Oehlertz	JR	Storm Lake	1:01.57	1:01.57	
20	Kaitlyn Nemickas	JR	CR Washington	1:01.96	1:01.96	
21	Maddy Bridges	SO	Waukee	1:02.40	1:02.09	
22	Lizzie Adams	SR	Linn-Mar	1:01.92	1:02.13	
23	Emily Wilson	SO	WDMV	1:01.77	1:02.29	
24	Caro Lamarque	SR	Pleasant Valley	1:01.51	1:02.34	

Event 11 Women 100 Yard Breaststroke

Name	Year	School	Seed	Finals	Points
1 Sydney Angell	SR	Pleasant Valley	1:05.93	1:02.85	20
2 Moriah Ross	SR	DM North	1:07.41	1:05.90	17
3 Natalie Galluzzo	SO	DM Roosevelt	1:08.05	1:06.12	16
4 Rachel Manderscheid	JR	Ankeny	1:08.51	1:07.16	15
5 Lexie Winnett	SO	Johnston	1:07.57	1:07.85	14
6 Jenna Cornick	SR	Mason City	1:07.53	1:07.93	13
7 Emily Bruinsma	SO	Pleasant Valley	1:08.25	1:07.99	12
8 Zoe Bussanmas	SO	Waukee	1:09.01	1:08.12	11
9 Megan Schade	SO	Bettendorf	1:08.81	1:08.41	9
10 Sabrinna Hegelheimer	SO	AMES	1:09.91	1:08.53	7
11 Eva Scheibe	SO	AMES	1:08.70	1:08.62	6
12 Emily Goodman	FR	Pleasant Valley	1:09.03	1:08.81	5
13 Natalie Shimp	SR	CFAL	1:09.59	1:08.85	4
14 Sage Ohlenshelen	SO	Bettendorf	1:08.74	1:08.88	3
15 Raechel Hannam	JR	Marshalltown	1:09.07	1:09.08	2
16 Olivia Crouse	SO	Waukee	1:09.56	1:09.09	1
17 Brooke Timmerman	SO	CR Kennedy	1:08.76	1:09.21	
18 Logan Eckhardt	JR	CR Washington	1:09.07	1:09.50	
19 Olivia Clark	FR	CFAL	1:10.05	1:09.77	
20 Kendall Hostetler	FR	Johnston	1:09.70	1:10.18	
21 Paige Broghammer	JR	Linn-Mar	1:10.56	1:10.28	
22 Breazi Preston	FR	DM Hoover	1:10.88	1:10.56	
23 Lehr Thorson	SO	Fort Dodge	1:10.39	1:10.62	
24 Jessica Hartwig	FR	Atlantic	1:10.35	1:10.95	

Event 12 Women 400 Yard Freestyle Relay

School	Seed	Finals	Points
1 Valley, West Des Moines	3:32.92	3:31.10	40
1) Lauren Conte SR		2) Emily Wilson SO	
3) Rachel Anfinson SO		4) Moriah Moore SR	
2 Pleasant Valley	3:36.30	3:32.69	34
1) Kaitlyn Housenga SO		2) Evan Hundley SR	
3) Ashton Ehrecke SR		4) Maggie Burke JR	
3 Linn-Mar, Marion	3:35.17	3:32.94	32
1) Jenn Jenks SO		2) Stephanie Jenks JR	
3) Lizzie Adams SR		4) Kelsey Drake SO	
4 Ames	3:34.72	3:33.07	30
1) Grace Snyder SO		2) Sarah Bell SO	
3) Sophie Sorenson FR		4) Morgan Rosser SO	
5 Cedar Falls	3:35.72	3:34.01	28
1) Meghan Hackett JR		2) Olivia Clark FR	
3) Martee Grainger SR		4) Brittany Moffatt SR	
6 Southeast Polk	3:37.76	3:35.46	26
1) Allyssa Fluit JR		2) Ashleigh Houlette JR	

3) Rachelle Houlette FR	4) Lauryn Schieffer FR			
7 Mason City	3:40.62	3:37.59	24	
1) Crystal Florman SR	2) McClaren Rodriguez JR			
3) Abby Morse SR	4) Jenna Cornick SR			
8 Johnston	3:36.69	3:38.07	22	
1) Olivia White SO	2) Angela Cary FR			
3) Shayla Warrick SR	4) Lexi Horner SO			
9 Newton	3:39.77	3:38.65	18	
1) Hannah Scotton SR	2) Rachel Prendergast SR			
3) Sydney Jenkins JR	4) Samantha Hedrick JR			
10 Bettendorf	3:41.27	3:39.00	14	
1) Lauren Ramirez SR	2) Rachel Gist JR			
3) Megan Schade SO	4) Shannon Carney JR			
11 Ankeny	3:39.79	3:39.06	12	
1) Nikki Ault FR	2) Kennedy Voss JR			
3) Katie Saddoris FR	4) Christina Ware FR			
12 Muscatine	3:39.12	3:39.71	10	
1) Sarah Schemmel SO	2) Alexis Hagen SO			
3) Regan Kilburn SR	4) Victoria Roth SO			
13 Waukee	3:41.29	3:41.96	8	
1) Alex Thorson FR	2) Kayla Rinderknecht FR			
3) Zoe Bussanmas SO	4) Camryn Somers JR			
14 Spencer	3:43.05	3:42.08	6	
1) Emma Dau SR	2) Kaylee Boelter JR			
3) Maddie DeWitt FR	4) Madison Sieperda FR			
15 Sioux City, North	3:43.96	3:42.68	4	
1) Araceli Topete FR	2) Maggie Oberg JR			
3) Abbey Speck SR	4) Alizah Wink SR			
16 Storm Lake	3:44.11	3:43.07	2	
1) Kylie Mongan FR	2) Joy Bral JR			
3) Destini Oehlertz JR	4) Keely Soellner JR			
17 Lewis Central	3:41.37	3:43.76		
1) MyKenzie Leehy SO	2) Nicole Gochenour SO			
3) Rebecca Weis FR	4) Paxton Hedrick SR			
18 Iowa City, West	3:42.49	3:44.41		
1) Erica Hsu JR	2) Ariel Roghair JR			
3) Elaina Martz SO	4) Sarah Ritchie SR			
19 Dowling Catholic, West Des Moi	3:45.11	3:44.91		
1) Ann Marie Westercamp SR	2) Hannah Williamson SO			
3) Megan Siembieda SR	4) Megan Lilly SO			
20 Fort Dodge	3:46.91	3:45.00		
1) Taylor Hartley FR	2) Gretta Leigh SO			
3) Katie Keith FR	4) Lehr Thorson SO			
21 Dubuque, Senior	3:45.51	3:45.86		
1) Jenna Willer JR	2) Frances Inzenhofer SO			
3) Carolyn Davis SR	4) Grace Tsui SO			
22 Atlantic	3:46.80	3:46.18		
1) Madelyn Kickland SO	2) Jessica Hartwig FR			
3) Mycala Kickland FR	4) Lindsay Keltch SR			
23 Dubuque Wahlert	3:47.55	3:49.08		
1) Sean Kalb SR	2) Carlie Noel SO			
3) Katie Anderson SR	4) Lauren Cody SR			
-- Cedar Rapids, Kennedy	3:37.25	DQ		
1) Darby Manternach FR	2) Maddie Bagby SO			
3) Sam Jacobsen SR	4) Lydia Yang JR			

Women - Team Rankings - Through Event 12

1. Pleasant Valley	301	2. Ames	293
3. Cedar Falls	170	4. Valley, West Des Moines	159
5. Linn-Mar, Marion	156	6. Johnston	142
7. Waukee	134	8. Bettendorf	111
9. Southeast Polk	99	10. Ankeny	87
11. Muscatine	86	12. Mason City	84

13. Newton
15. Iowa City, West
17. Des Moines, Roosevelt
19. Cedar Rapids, Washington
21. Dowling Catholic, West Des Moi
23. Fairfield
25. Dubuque, Senior
27. Davenport, North
29. Dubuque Wahlert
30. Waterloo, West
32. Des Moines, Abraham Lincoln
35. Davenport, West

78 14. Spencer
62 16. Cedar Rapids, Kennedy
39 18. Lewis Central
27 19. Atlantic
23 21. Des Moines, North
16 24. Sioux City, North
8 26. Williamsburg
5 27. Storm Lake
4 30. Boone
3 32. Indianola
2 32. Marshalltown
1

70
51
37
27
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2